## It's all about Movement



## Some Examples please



### 5 Leadership styles

Threat - achieves immediate result (behavior change).
Change is a temporary change as long as the threat is relevant



- Praise- achieves an immediate result. The change is temporary until receipt of the prize. The change is temporary as long as the prize is relevant. Information
- Specialization The result is achieved when the information is relevant for the person. If the information is not relevant, no change will be made.
- Authority achieves a result that comes from a place of hierarchy. The change is temporary as long as the authority exists. There is no change in approach.
- A personal example leads to change attitudes and beliefs and directly results in this. The change duration is fixed

April 10 at 11:18am - Cambridge, United Kingdom - €

אמל;ק: תרזה מיי ואני נסענו היום באותה הרכבת.

ברכבת יושבת גברת, ראש ממשלה של מדינה אחרת בלי רכב שרד ובלי מאבטח אישי כנראה שככה זה במדינות עולם שלישי מתחשק ל' לצעוק לה: הי' תרזה כפרה! למה שלא תלמדי קצת משרה?









Comment



A Share

### 5 Leadership styles

| Leadership<br>style | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|---------------------|---|---|---|---|---|---|---|
| Threat              |   |   |   |   |   |   |   |
| Praise              |   |   |   |   |   |   |   |
| specialization      |   |   |   |   |   |   |   |
| Authority           |   |   |   |   |   |   |   |
| A personal example  |   |   |   |   |   |   |   |

- On a scale of 1-7, how do I rank myself in each of the leadership bases?
- What did I conclude from this?
- What do I want to do with it?



### The fear of....

### creatures of habits

- Find 3 delaying habits
- Find 3 Enable habits

#### It's all about Movement

3 principles for creating leadership movement





אסור לי לטעות אז אסור לי לנסות אז

אני תקוע

אז יש לי תירוצים והסברים "Failure is an opportunity to grow"

#### GROWTH MINDSET

"I can learn to do anything I want"

"Challenges help me to grow"

"My effort and attitude determine my abilities"

"Feedback is constructive"

"I am inspired by the success of others"

"I like to try new things" "Failure is the limit of my abilities"

#### FIXED MINDSET

"I'm either good at it or I'm not"

"My abilities are unchanging"

"I don't like "I can either do it, to be challenged" or I can't"

"My potential is predetermined"

"When I'm frustrated, I give up"

> "Feedback and criticism are personal

"I stick to what I know"

# מותר לי לטעות XT מותר לי לנסות אני לומד

### ומתקן

אז שפע של אפשרויות "Failure is an opportunity to grow"

## **GROWTH MINDSET**

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"I stick to what I know"







NOT FOR ME

I'VE ALREADY

DIED



אוהב אדם בא

בטוב וטוב שבא

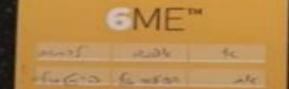


אני כבר מגיע כבר מצא

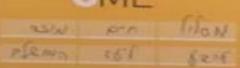


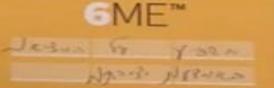
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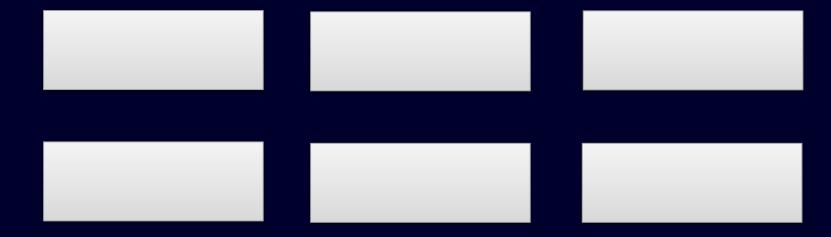


PINE -N











Self-esteem

#### אופטימיות לא מבוססת

אופטימיות מבוססת

מצב "רעלי" / ראלי

זמן

משבר

